

BARRIGEL

PRE-PROCEDURE PREPARATION

Upon Scheduling Your Procedure:

- > **Ask about your medications.** You may need to stop taking some of your medications prior to your procedure. Check with your doctor on potential medication changes.
- > Be sure to have all **healthcare documents and forms** provided by the office completed prior to the procedure.
- > **You may need to arrange for someone to take you home the day of your procedure,** depending on the type of anesthetic administered. If required, you'll need to designate someone who can help you get home safely and report any concerns to your doctor.

You will need the following supplies:

The Day/Evening Before Your Procedure:

- > **An office staff member will call** to provide you with arrival details prior to your procedure.
- > Follow your doctor's guidelines for **bowel prep**, which may include **administering an enema** the night before the procedure.
- > **Do not eat anything after midnight the night before your procedure.**

The Day of Your Procedure:

- > **If you were instructed to take any type of medication required for the procedure,** take those medications with a small sip of water. Do not drink anything besides water.
- > **It's recommended to not drink anything starting two hours before your scheduled arrival time.** Ask your doctor for specific instructions around drinking water prior to your procedure.
- > **Continue bowel prep** as instructed by your doctor on the day of your procedure. If you were required to administer an enema, check with your doctor for specific timing.

Instructions:

It is extremely important that your rectum be empty before the procedure. Please follow all of your doctor's pre-preparation instructions.

Things to Remember:

- > Ask your doctor if it's necessary to **remove any jewelry or metal objects prior to your procedure.**
- > **If you wear contact lenses, you should wear your glasses instead.**
- > **If you wear dentures,** ask your doctor whether you can wear them to your procedure.

Additional Notes/Instructions:

